

<b>Classes</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>	<b>Sat</b>
<b>Machado JiuJitsu</b>	800pm	600pm	800pm	600pm		1100am
<b>MMA</b>		11-1230 p 7-9pm		11-1230p 7-9pm	730p	1100am
<b>No Gi JiuJitsu</b>		800p		800p	730p	1100am
<b>Karate</b>	700pm		700p		630p	
<b>Kids 7-13yrs MMA</b>	600pm		600p			1100am
<b>Wrestling</b>					730p	1100am
<b>Cub Club 4-6 yrs</b>		530pm		530pm		
<b>MMA Striking/ Muay Thai Kickboxing</b>	500pm	700pm	500pm	700pm		1100am